

# THE WANDS OF HORUS

## ANCIENT TOOLS FOR ENLIGHTENMENT

*Copper and zinc rods filled with quartz crystals or minerals had certain energetic qualities that gave the ancient Egyptian elites a means of connecting directly with the power of the Great Pyramid and the energy of the cosmos.*

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**W**hat are the Wands of Horus? Their roots go back into the depths of time. For the priests and pharaohs of ancient Egypt, the Wands of Horus—metal cylinders filled with various special materials—were a tool enabling an "initiate" to pass over the "boundary of death", not in a figurative sense but in the direct one. The ancient doctrine of the hidden nature of the human being that revealed the way to the spiritual enlightenment envisaged by the nature of the Creator helped an initiate to discover the great Truth—neglect of which has cost many "spiritual mentors" their lives through the ages. Mastery of the secret of the Wands of Horus was, for those seeking to know the nature of existence, a decisive factor in preparing to enter into "intercourse with the gods" through the pyramids. The knowledge and wisdom that lie behind the ancient doctrine make it possible to unlock exceptional abilities in a human being.

If certain conditions are observed and sessions conducted on a regular daily basis, the Wands of Horus can not only correct but also stimulate a person's nervous, energy and immune systems, creating the preconditions for their improvement. This requires work founded on a precise understanding of what the Wands of Horus are and the principles by which they work, and knowledge of the cycles of activeness in the human energy system and a number of elements making up a complex approach—an essential part of which is interaction with natural sources of energy such as trees, rivers, lakes, the sea and mountains.

The Wands of Horus are also a means of prevention and treatment, providing the opportunity in certain disorders to correct particular deviations from the norm and noticeably improve a person's state of health, since they inspire very deep-running physiological and energetic processes.

It is important to stress that the knowledge of the ancient Egyptians was founded not on mystical, astrological or esoteric doctrines, but on a strict grasp of the principles on which the universe is founded. In other words, at the basis of the theoretical and spiritual constructs of the ancient Egyptian initiates lay first and foremost knowledge, not faith.

The Wands of Horus and, indeed, the knowledge of the ancients in general is a very interesting and wide-reaching topic. So, in order to help readers grasp the structure of principles invisible to the uninitiated eye and to draw closer to the sources of knowledge, the National Security Academy of Russia presents a book, *The Wands of Horus*, intended to bring to a wider public the recent results obtained from the study of the legacy of ancient Egypt. This book is the first to shed some light on the mystery of why the pyramid complex at Giza in Egypt was constructed. Reading it, you will find out not only about the principles that lay behind the idea of constructing the pyramids, but also about the connection between the Wands of Horus and the "energy source" located within the Great Pyramid.

As you learn more of the ancient knowledge, you will also find out about what prompted the ancient priests to create the Wands of Horus and about the mechanism by which the Wands interact with the natural planetary energy sources. It is that connection that gives the Wands of Horus their miraculous properties and their harmonising effect on a person's energy system and, as a consequence, on his or her general state of health.

One of the sections of the book is devoted to a description of the technology used to produce the Wands of Horus and the mechanism by which they operate. This will help the reader understand, down to the finest detail, how they are constructed and how the pyramid and the cylinders work as a single system. You will learn some results of

experiments conducted by Russian scientists to study the effect of the Wands of Horus on the human organism and the effect of the pyramid on animate and inanimate objects.

### The Mechanism behind the Wands of Horus

The mechanism by which the cylinders act on the human organism is fairly complicated. We shall therefore try to explain in more basic terms that nonetheless convey fairly accurately the main idea of the process.

People who seek after knowledge are familiar with the concept of energy shells that, according to a certain Eastern tradition, make up the energy system of the human being. We know about the existence of the ethereal body, the astral body, the mental body and so on, up to the seventh energy body. But there is evidence that the ancient hierophants knew of the existence of several more energy bodies or shells, of which the present-day esoteric and other schools tell us nothing.

The final energy body, still unknown to humanity today, is the shell through which each person has direct contact with what people call "God" or the "Source" of everything, all knowledge and energy. Through that shell we have a link to all the world around us, as we are part of the Great Creative Principle. Since we possess that shell, we are ourselves in a way sources of energy.

Let us examine the human energy structure from viewpoints more accessible to the present-day reader.

What people commonly call the "aura" or "biological field" is the consequence of the interaction of the vibrations of various energy layers (bodies) within the human energy system.

The existing names of the energy bodies in any of the familiar traditions is nothing more than an agreed convention. Therefore, for the convenience and ease of understanding particularly of readers unfamiliar with "esoteric" doctrines, we shall call the first energy body "ethereal", the second "astral", the third "mental", and so on.

The human energy system consists of several energy bodies (levels) that differ in shape, energy density and vibratory rhythm (frequency). Most importantly, though, they have different characteristics. In examining the effect of the Wands of Horus on the human organism, we shall stick to the first two energy bodies that are responsible directly for a person's bio-energetic rhythm and emotional state.

**The first (ethereal) energy body** consists of vibrations and temperature rhythms in the person's physical capsule. Therefore any process taking place in the physical body is immediately reflected in the first energy body.

For example, an inflammatory process that has begun, localised in the small of the back (lumbago), is followed by oedema and an increase in temperature that immediately finds reflection in the altered shape and vibratory frequency of the corresponding part of the first energy body. Hence, influencing that part of the energy body and correcting the vibratory frequency leads to a reduction in the pain syndrome.

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The lines of the first energy body precisely follow those of the physical body, forming an energy layer between 0.3 and 2–3 metres thick. The first energy body is the receptor and distributor of transformed cosmic energy—*prana*. It is through this body that our physical body becomes charged with the vital energy our organism needs.

**The second (astral) energy body** is responsible for our emotional state, and any nervous or psychological stress evokes changes in this body. The upsurge of emotions in stress leads to the destabilisation of the structure of the second energy body, producing changes that subsequently lead to discomfort and neuropsychological problems.

The human energy system has centres, known as *chakras*, through which the organism interacts with the outside world. We can picture a *chakra* as a sort of energy vortex (or funnel). The transformed energy of the cosmos, the earth, water and sunlight enters the physical body through the *chakras*. The *chakras*, being the immediate conductors of energy that has been processed in the energy system, pass it on to the person's endocrine system. All the *chakras* are connected to our physical body and are sort of projections of the endocrine system.

The main energy centres, while being projections of the endocrine system, also have their own projections. The first *chakra* has projections on the feet; the seventh *chakra* on the palms.

As soon as we pick up the Wands of Horus, several parallel processes begin simultaneously.

#### 1) The electromagnetic induction effect

Human beings are an inseparable part of the ecosystem and, as such, are profoundly dependent on their environment. The Earth, as a living organism, has created special energetic-ecological conditions, in the "lap" of which all living things have been born and are developing. As soon as we begin to distance ourselves from nature, there is a resultant negative effect on our health.

All vital processes in nature take place at the level of the interaction of electromagnetic fields. Therefore, the weak currents of natural origin induced on the Wands of Horus begin to act on the nerve endings located in the palms when we pick up the wands.

Back at the beginning of the 20th century, Academician A. V. Leontovich discovered that a nerve takes the form of a cylindrical capacitor with its own self-induction. Accordingly, the natural currents induced on the nerve endings act on a substance in the nerve filaments that is an electrolyte with a highly complex chemistry.

The natural electromagnetic wave induced on the nerve endings has a stimulating effect on the entire nervous system, initiating complex electrochemical processes that lead to a general stabilisation of the nervous system.

*(Detailed information about the action of the Wands of Horus on the nervous system is given in the medical instructions for use of the Wands of Horus in a forthcoming book; see website.)*

## 2) The galvanic effect

As you probably know, copper and zinc are a galvanic couple. As soon as you take the cylinders in your two hands—the copper in the right hand, the zinc in the left—a potential difference of 0.8–1 volt, sometimes more, forms between them. The magnetic and electrical field acts effectively on the blood because it is made up of electrically charged particles. Any chemical reaction in our body comes down to the interaction of charged particles.

The main electrochemical parameter of the blood (pH) is determined by the number of positive electrical charges carried by positive hydrogen ions in proportion to the number of negative electrical charges carried by hydroxyl ions (OH<sup>-</sup>). If there are the same number of positive and negative charges, then overall the blood is electrically neutral, since charges of opposite sign cancel each other out. This is the optimal state necessary for the normal functioning of the organism.

It is in this state that many vital processes can proceed (such as the breaking down of proteins). Changes in the ratio of positive and negative ions—produced, for example, as a result of solar and magnetic storms—lead to a number of serious functional disruptions in the organism.

The presence of a potential difference formed between the Wands causes the process of balancing out (harmonising) the ratio of charged particles.

The stimulation by the electric current formed between the Wands of Horus encourages ATP synthesis, improves blood flow to the tissues and activates certain genes hitherto dormant in the molecules of DNA.

*(Detailed information about the physicochemical processes that take place in the organism is presented in a separate appendix to the instructions for use of the Wands of Horus; see website.)*

## 3) The piezo-electric effect

The human organism is, as we know, a kind of electrical generator. When we pick up the Wands, we immediately pass our own electricity on to them. As a result of this and the galvanic effect, a polarisation of the quartz crystals in the Wands takes place.

With the appearance of a potential difference between the ends of a crystal, a mild excitement of its crystal lattice takes place. This results in an increase in the energy level of the crystal and the



Many ancient Egyptian statues depict the use of the Wands of Horus.



Within a concrete pavilion lies the limestone colossus of Rameses II. Originally 13.5 metres in length, the broken statue is now 10.5 metres. Note the Wand in the right hand.

activity of the energy flow proceeding from the crystal.

At the same time, the potential difference arising between the ends of the crystal causes the appearance of electromagnetic oscillations across a broad spectrum—the piezo-electric effect. This property of quartz is used in quartz watches and quartz generators, producing electromagnetic waves (oscillations) of amazing stability.

All the vital processes in the human organism are regulated by the hormonal system, in which the hypothalamus and hypophysis play the role of both conductor and internal doctor. The weak electrical signals produced by the hypothalamus–hypophysis system, with the aid of which regulatory functions are carried out within the organism, are intensified by coming into resonance with the electromagnetic oscillations generated by the quartz. The result is a singling out of those signals and vibrations required at that specific moment to correct and restore the biorhythms of the organs and systems of the organism. This is of fundamental importance, as disturbances in the biorhythms are precisely how any disorders in the organism arise.

## A Microcosm of Energy Processes

Remembering that the Wands of Horus are a sort of miniature model of certain energy processes taking place in the biosphere and a person's environment, let us examine them.

The Earth's crust contains about 72% quartz. Self-stimulation and polarisation of the quartz in the *crust* occurs through the constant spread through the Earth of acoustic waves and electrical discharges formed as a result of the deformation of the crust, earthquakes, volcanic eruptions and the tidal influence of the Sun, Moon and other planets. As a result of these processes, the quartz in the *core*, generating electromagnetic oscillations across a broad spectrum, creates an electromagnetic (energy) medium in which life exists and through which the interaction of all living things in the cosmos takes place.

This electromagnetic (energy) cocoon of the Earth is the carrier of oscillations associated with the source of life on Earth, which stimulates the development of numerous forms of life as well as the faculty of reason. It is this medium that is scanned by the alpha waves of the brain. But the central factor in the process of mechanical action on the



The modern Wands of Horus

quartz in the core is the seismic "respiration" of the Earth. Our planet "breathes" like a living organism. The "inhaling" and "exhaling" are accompanied by changes in the linear dimensions of the Earth as measured in an east-west direction. This "respiration" generates a particular electromagnetic wave which has a strict period (cycle) that imparts a certain rhythm to all processes occurring in the biosphere and noosphere. This rhythm plays a very important role in the life functions of the planet, determining the planet's own frequency.

Through harmonic resonance, the Earth's electromagnetic waves, interacting with the electromagnetic oscillations generated by the crystals of quartz in the Wands, has a stimulating effect on the organism as a whole.

At the same time, when we hold the Wands of Horus in our hands—under the influence of the human biological field through the projection of the corresponding energetic centres, located in the palms—they begin to activate the sixth and seventh *chakras* and the sixth and seventh energy structures around those *chakras*. On the physical plane there is stimulation of the hypothalamus and hypophysis, as they are projections of those energy centres in the physical human body. Activation of these centres leads to activation of the last energy shell (which is as yet unknown to mankind), and the organism begins to receive energy directly from the "Source".

The incoming energy from the crystals and the "Source" that is the multilevelled and multidimensional human energy system, plus the piezo-electricity generated by the crystals in the filling, forms an energy cocoon around the person's body. This "pranic cocoon", with an electromagnetic component vibrating at a frequency dictated by the hypothalamus and hypophysis through their projections located in the centre of the palms, corrects the holder's entire energy structure, giving a beneficial effect to the whole organism.

The essence of this observed phenomenon is that at the moment when the Wands of Horus, interacting with processes within the organism (against the background of the polarisation process),

attune to the holder, the organism itself sets the vibration, the rhythm, that it requires at that particular time. The rhythm is dictated by the characteristic vibration of the person—a sort of individual code. It is that individual vibration interacting with the crystal that causes the crystal lattice to resonate, setting the required rhythm. That rhythm (individual vibration) acts like a starter motor in a car, providing the impulse, starting the process by which the Wands of Horus subsequently themselves begin to vibrate at the appropriate frequency.

The Wands of Horus create and maintain an energy shell that, with the aid of the required vibratory frequency, initiates the process of self-correction. The flow of energy passing through the seventh *chakra* is transformed into a flow of vibrations at a particular frequency and harmonises the energy shell (aura), evening it out.

It is worth mentioning here that the elongated headgear of the Pharaoh was a special concentrator, also focusing on the energetic projections of the hypophysis and hypothalamus. This concentrator, stimulating those two zones, supported and cultivated the potential of the energy cocoon, increasing the immune reactivity of the organism. Use of the Wands of Horus together with the concentrator improved the health of the organism, particularly its immune status, and regulated the metabolic processes.

But there was more to the work than just that. In order to prepare for work within the pyramid and to gain the capacity to foresee the future, you needed energy. Therefore the Pharaoh and the hierophants tried not to squander the energy received, but to store it up and lead an appropriate lifestyle while bringing their abilities up to the necessary level.

**The third (mental) energy body**, is connected with what people associate with the concept of the "soul" (a person's psychological condition). Harmonisation of this energy body with the aid of the Wands of Horus creates the preconditions necessary for the stabilisation and development of mental capacities.

#### How the Wands Work

The basic sequence by which the Wands of Horus work is this...

By galvanic and piezo-electric effects (raising the energy level of the crystals in the cylinder filling) stimulating the sixth and seventh energy centres, the Wands of Horus act on the central nervous system. From the central nervous system, an impulse passes to the hypothalamus, and from the hypothalamus to the hypophysis, and next to the endocrine system (the secretory glands), then to the organs.

The reverse reaction flows along two paths: from the endocrine system to the central nervous system; and through the organs to the central nervous system.

Thus, information about the state of the secretory organs and disorders of the internal organs is passed from the endocrine system and the organs to the central nervous system. When it gets this information, the central nervous system directs the signals to the hypothalamus and hypophysis, which in turn activate the functions of self-healing and regeneration—if those functions are in order and not hampered by, among other things, significant "furring" of the relevant energy canals.

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Continued on page 77

In the event of inadequate functioning of the energy canals, the energy cocoon generated by the Wands of Horus vibrating at the frequency dictated by the hypothalamus and hypophysis assumes an intermediary role of conveying the blocked signal and stimulating the functions of self-healing and regeneration.

The "pranic cocoon" produced by the Wands of Horus KONT, filled with carbon and ferromagnetic material, has a powerful impulse effect on the human organism, but it is not stable. Irrespective of how long you work with this type of cylinder, even two or three days, the cocoon they create disperses completely within 24 hours. Hence, to maintain the cocoon produced by this type of cylinder requires work every single day.

The Wands of Horus QUARTZ, filled with crystals of quartz, produce a "pranic cocoon" that has a gentle, even but deep-acting effect on the human organism. The cocoon created by this type of cylinder is very stable. If you work with the Wands of Horus QUARTZ continually for a week, then the cocoon created will last for three

weeks, continuing its corrective effect on the whole organism.

To correct pathological conditions which have built up over a number of years, the organism and the Wands of Horus need time. Therefore, work with the cylinders must be regular and continual. The deep correction required for serious conditions may take several months.

Remember that we spend years acquiring our problems, so do not worry if you do not experience rapid results.

### **About the Author:**

Dr Valery Mikhailovich Uvarov has devoted more than 14 years to studying the legacy of ancient civilisations. He is the head of the Department of UFO Research, Palaeosciences and Palaeotechnology of the National Security Academy of Russia. The Academy has a mandate to publish its findings freely.

Dr Uvarov is the author of numerous publications on palaeosciences and palaeotechnology as well as ufology and esoterica in the Russian and foreign press. He has also initiated and participated in a number of expeditions to India and Egypt in search of material evidence of ancient knowledge. He is a regular participant at a

variety of international conferences and gives lectures and seminars in Australia, America, Britain, Germany and Scandinavia.

In 1999 he published *The Wands of Horus*, the first book to provide a theory regarding the use and construction of the Wands. He has since published a second book on the Wands of Horus in Russian, soon to be available in English. Dr Uvarov is based in St Petersburg, Russia, and can be contacted by email at [nsa@homeuser.ru](mailto:nsa@homeuser.ru).

### **About the Collaborator:**

Carl Agar has been working with Valery Uvarov since 2001 to assist him in bringing the message of the Wands of Horus to the English-speaking world. He converted Dr Uvarov's original book into a PDF version, which is now freely available on the Internet at <http://www.neilos.org> or <http://www.wands.org>. He has since been responsible for making available further works on the Wands of Horus as they have been translated into English.

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